# CENTER FOR SUSTAINABLE FORESTRY AT PACK FOREST 

Breakfast Fare

Pancakes with Syrup, Berries and Whipping Cream<br>*Ham and Cheese Omelet with Hashbrowns<br>*Breakfast Burrito with Hashbrowns<br>French Toast with Syrup, Berries and Whipping Cream<br>Veggie Frittata and Choice of Breakfast Meat<br>Scrambled Eggs and Hashbrowns<br>Fried Eggs and Hashbrowns<br>*Biscuits \& Gravy, Eggs and Hashbrowns<br>*Ham or Sausage, Egg and Cheese on a Croissant, English muffin or Bagel

Breakfast always includes: Bacon, Sausage or Ham, Coffee, Tea, Milk \& Juice, Hot and Cold Cereal, Whole Fruit and Assorted Breads for Toast. Butter, Jam, Cream Cheese. Peanut Butter available upon request.

## Continental Breakfast

Yogurt, Hard Boiled Eggs, Bagels w/ Cream Cheese, Assorted Danish, Fresh Fruit, Juice, Coffee and Tea

## *ITEM INCLUDES, BACON, HAM OR SAUSAGE



## Lunch

Turkey Club on Croissant or Ciabatta with Homemade Soup Chicken Parmesan Sandwich with Homemade Soup Chicken Sandwich with Grilled Onion on a Kaiser Roll Meatball Sub with Homemade Soup French Dip Sandwich with Homemade Soup Philly Steak or Chicken Sandwich with Homemade Soup Hoagie Sub or Italian Sub with Homemade Soup<br>Chicken, Pork, Beef or Tofu Stir Fry with Rice, Rolls and Salad Pasta Primavera, Garlic Bread and Salad Grilled Cheese Sandwich with Homemade Soup Grilled Ham \& Cheese Sandwich w/Grilled Onion \& Homemade Soup Grilled Havarti, Pesto \& Avocado w/ Shaved Onion on Sourdough Hamburger or Cheese Burger with Soup and Chips Caprese Sandwich with Homemade Soup Hummus Veggie Sandwich w/ Homemade Soup Beef, Chicken or Pork Tacos or Fajita's<br>\section*{Soups}<br>Baked Potato<br>Beef Vegetable<br>Clam Chowder<br>Chicken Noodle<br>Chicken Rice<br>Garden Vegetable<br>Tomato Basil<br>Beef Taco<br>Vegan Taco<br>Chili<br>\title{ Lunch always includes: Coffee, Assorted Tea, Assorted Soda, Milk, Whole Fruit, Garden Salad and Dessert }

## Dinner

## Pasta

Chicken Fettuccini with French bread
Spaghetti with Meat or Vegetarian Sauce, Bread Sticks
Spaghetti and Meatballs w/ Vegetarian Sauce
Meat or Vegetarian Lasagna, Bread Sticks
Mushroom or Chicken Alfredo Lasagna with French bread Chicken Alfredo \& Garlic Bread Cheese or Mushroom Ravioli with Vegetarian Sauce, Garlic Bread

## Chicken/Turkey

Imperial Chicken with Rice Pilaf and Rolls
Senora Chicken with Macaroni \&Cheese or Baked Potato and Rolls
Oven Baked Chicken with Roasted Red Potatoes and Rolls
Roast Turkey with Mashed Potatoes, Gravy, Dressing and Rolls
Chicken Enchilada's w/ Rice and Refried Beans
Mexican Chicken w/ Chili's served over White Rice

## Beef and Pork

Beef or Mushroom Stroganoff over Noodle with Biscuits
Pork Chops with Mushroom Sauce, Rice and Rolls
Roast Beef, Mashed Potatoes, Gravy and Rolls Meatloaf, Baked Potatoes, Green Beans and Rolls
Baked Ham with Scalloped Potatoes and Corn Bread Green Pepper Steak over Rice with Rolls

## Fish

Baked Cod with Roasted Red Potatoes and Rolls

Bread Options; Rolls, French, Sticks, Garlic \& Corn Bread

Potato Options; Baked, Roasted, Mashed or Garlic Mashed

Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee, Assorted Tea, Soft Drinks and Milk

## BBQ Dinners

BBQ Hot Dogs, Hamburger or Polish Sausage with
Potato Salad or Macaroni Salad, Baked Beans or Chili, Garden Salad, Chips and Ice Cream or Sorbet

BBQ New York Steak 8oz with choice of Potato or Rice Baked Beans, Salad Bar, Corn Bread and Berry Crisp

BBQ Salmon with choice of Potato or Rice, Seasonal Vegetable, Baked Beans, Corn Bread, Coleslaw, Salad Bar and Berry Crisp

BBQ Chicken Dinner with choice of Potato or Rice Seasonal Vegetable, Baked Beans, Rolls,
Salad Bar and Strawberry Shortcake, Berry Crisp, Ice Cream or Sorbet

Potato Side Choices;
Roasted Potatoes, Baked Potato, Garlic Mashed \& Mashed Potatoes
Rice Side Choices: Rice Pilaf, Brown Rice, Wild Rice \& White Rice
Vegetarian/Vegan Options;
Veggie Burgers, Stuffed Portobello Mushroom, Zucchini Boat \& Stuffed Peppers
BBQ Dinner always includes: Garden Salad, Whole Fruit, Dessert, Coffee, Assorted Tea, Soft Drinks and Milk
A choice of picnic or traditional dinner sides are available for the Chicken, Steak or Salmon BBQ


## Break Options

Whether choosing our famous cinnamon rolls, delicious cookies or tantalizing appetizers. Break service items and service are highly rated. Break service is delivered to the meeting room or social area. Delivery location(s) and time(s) are due no later than guarantee date.

Below is a sample of our most popular ordered items.
Beverages
Coffee, Decaf or Tea \$14.00 Pump Pot
Juice $\$ 30.00$ Gallon
Individual Juices $\$ 2.50$ each
Soft Drinks \$2.50, Bottled Water \$2.00, Sparkling Water \$3.00 each

## Pastries

Cookies \$2.00, Raspberry Bars, $\$ 2.75$ each
Brownies \$2.25, Lemon Bars \$3.00, Apple Dumplings \$2.50 each
Cinnamon Rolls \$3.00 Scones \$3.00, Assorted Danish \$2.50, Muffins, \$3.00 each

> Fruit
> Whole Fruit $\$ 2.00$ each Fruit Cup $\$ 3.75$ per serving

Appetizers
*SS Potato Chips with *SS Dip $\$ 2.50$ per serving
*SS Tortilla Chips with SS Salsa \$2.50, * SS Trail Mix $\$ 2.50$ per serving

* SS Popcorn \$1.50 per serving
*SS S'mores \$3.50 per serving


## $\$ 3.75$ per serving

Spanakopita, Pin Wheels, Egg Rolls, Meatballs, Stuffed Jalapeno,
Chicken or Beef Taquitos w/ Guacamole or Salsa,
Chicken Flauta w/Guacamole or Salsa, *SS Cheese \& Crackers,
*SS Mexi-Dip w/Tortilla Chips, *SS Meat/Cheese \& Crackers
$\$ 4.00$ per serving
Chicken Wings, Stuffed Mushrooms, Deli Wraps
Hoagie Subs or Italian Subs, $\mathbf{\$ 5 . 0 0}$ per serving

